

**A.S. Abdullayev****Azerbaijan Medical University, Baku, Azerbaijan****COMPARISON OF AGE-RELATED CHARACTERISTICS OF CEPHALOMETRIC INDICATORS: FRONTAL CHORD (N-B) AND pariETAL CHORD (B-L) IN ARTIFICIALLY DEFORMED AND NORMAL SKULLS**

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This study aimed to compare the age-related characteristics of two cephalometric indicators – frontal chord (n-b) and parietal chord (b-l) – in artificially deformed and normal human skulls. A total of 254 skulls (200 non-deformed and 54 with artificial cranial deformation) from the craniological collection of Azerbaijan Medical University were analyzed. Measurements of the n-b and b-l chords were performed using digital and sliding calipers. Across all age intervals, skulls with artificial deformation showed consistently higher average values for both cephalometric parameters: in the second adulthood group, the mean frontal chord in deformed skulls was 112.3 mm versus 108.6 mm in non-deformed skulls. Similarly, the mean parietal chord in deformed skulls was 110.1 mm compared to 108.2 mm in the non-deformed group. This trend was evident across all age categories, with particularly strong differences observed in the elderly group.

**Key words:** cephalometry, cranial deformation, frontal chord, parietal chord, skull morphology, age-related changes, anthropometry, craniology.

**А.С. Абдуллаев****ПОРІВНЯННЯ ВІКОВИХ ОСОБЛИВОСТЕЙ ЦЕФАЛОМЕТРИЧНИХ ПОКАЗНИКІВ: ЛОБНОЇ ХОРДИ (N-B) І ТІМІННОЇ ХОРДИ (B-L) ПРИ ШТУЧНО ДЕФОРМОВАНИХ І НОРМАЛЬНИХ ЧЕРЕПАХ**

Метою даного дослідження було порівняння вікові характеристики двох цефалометричних показників – лобової хорди (n-b) та тім'яної хорди (b-l) – у штучно деформованих та нормальних черепів людини. Загалом було проаналізовано 254 черепи (200 недеформованих та 54 зі штучною деформацією черепа) із краніологічної колекції Азербайджанського Медичного Університету. Вимірювання хорд n-b і b-l проводилися за допомогою цифрового та розсувного штангенциркуля. У всіх вікових інтервалах черепа зі штучною деформацією показали стабільно вищі середні значення обох цефалометричних параметрів: у другій зрілій групі середня лобова хорда у деформованих черепів склала 112,3 мм проти 108,6 мм у недеформованих черепів. Аналогічно, середня тім'яна хорда у деформованих черепів склала 110,1 мм проти 108,2 мм у недеформованої групі. Ця тенденція спостерігалася у всіх вікових групах, особливо виражені відмінності спостерігалися у групі літніх людей.

**Ключові слова:** цефалометрія, деформація черепа, лобна хорда, тім'яна хорда, морфологія черепа, вікові зміни, антропометрія, краніологія.

Cephalometry remains an essential methodology in the study of human cranial morphology, allowing for the systematic assessment of cranial and facial dimensions across different populations, age groups, and biological conditions [1, 10]. Among the commonly used linear measurements, the frontal chord (n-b) and parietal chord (b-l) are particularly valuable in evaluating the anterior-posterior development of the neurocranium. These indicators are useful not only in biological anthropology but also in forensic investigations and reconstructive surgery [5, 7, 8].

One of the most striking anthropogenic factors influencing skull morphology is artificial cranial deformation – a deliberate cultural practice in which the shape of an infant's head is modified using bindings, boards, or wrappings. This procedure, practiced across multiple ancient civilizations in the Americas, Eurasia, and Oceania, produces long-lasting structural changes to the cranial vault and base [9, 13]. These deformations are not merely superficial but can affect underlying bone growth, cranial suture patterns, and intracranial volume [3].

In addition to cultural modifications, biological aging also influences cranial dimensions. As individuals age, the skull undergoes a series of developmental and degenerative changes influenced by endocrine factors, bone remodeling, and sexual dimorphism [2, 5]. These age-related changes include variation in bone density, cranial thickness, and suture closure. Such changes can complicate anthropological interpretations if deformation effects are not separately accounted for [10, 11].

Despite growing research on cranial deformation, relatively few studies have comprehensively examined how such artificial changes interact with natural cranial development across age. Specifically,

investigations comparing frontal and parietal chord measurements in deformed vs. non-deformed skulls across defined age intervals remain limited in the scientific literature. Yet, such comparative studies are critical for understanding how cultural and biological factors converge to shape cranial morphology throughout life [4, 12].

The present study aims to fill this gap by analyzing age-specific differences in the frontal chord (n-b) and parietal chord (b-l) in a large sample of artificially deformed and non-deformed human skulls. Drawing from a well-documented osteological collection, and applying standardized cephalometric techniques alongside robust statistical analysis, this research seeks to clarify how early cultural practices and natural aging processes jointly affect cranial form. Such findings have implications not only for anthropology and archaeology, but also for forensic sciences and evolutionary biology.

**The purpose** of the study was to compare the age-related characteristics of various cephalometric indicators, such as n-b and b-l, between artificially deformed and normal skulls.

**Materials and methods.** The study was conducted at the Department of Human Anatomy and Medical Terminology of Azerbaijan Medical University in the period of 2020–2023.

To fulfill the primary objective of this research, cephalometric analysis was conducted on a total of 200 human skulls, comprising 108 male and 92 female specimens. All samples were derived from the craniological collection housed at the Museum of the Department of Human Anatomy and Medical Terminology, Azerbaijan Medical University.

Age estimation for each skull was based on documentation available in the museum's archival registries. Age classification followed the standardized framework proposed during the VII All-Union Conference on Problems of Age Morphology, Physiology, and Biochemistry (1965, USSR). This system stratifies developmental stages into the following categories: adolescence, youth, first adulthood, second adulthood, and old age, with sex-specific age boundaries:

Males:

- Adolescence: 13–16 years,
- Youth: 17–21 years,
- First adulthood: 22–35 years,
- Second adulthood: 36–60 years,
- Old age (Elderly): 61–74 years.

Females:

- Adolescence: 12–15 years,
- Youth: 16–20 years,
- First adulthood: 21–35 years,
- Second adulthood: 36–55 years,
- Old age (Elderly): 56–74 years.

These intervals reflect physiological and biochemical distinctions between sexes. The skulls in this study were categorized accordingly.

Historically, numerous extrinsic factors – including cultural traditions, environmental conditions, and ethnic practices – contributed to intentional cranial shaping in early infancy through specialized headgear or binding. Such interventions frequently led to artificial cranial deformations that remained evident into adulthood, manifesting in measurable cephalometric alterations.

For analytical purposes, the sample was divided into two principal groups:

1. Skulls exhibiting artificial cranial deformation.
2. Non-deformed (normal) skulls.

Each group was subsequently subdivided based on the above-mentioned age classifications. Within every subgroup, the following cephalometric dimensions were measured in millimeters: frontal chord (n-b) and parietal chord (b-l).

Measurements were carried out using a digital caliper with a resolution of 0.01 mm and an accuracy margin of  $\pm 0.02$  mm, alongside a standard sliding caliper to ensure precision.

Statistical analyses included calculations of: mean values (M); standard deviation (SD); standard error of the mean (SEM); 95 % confidence intervals (CI) for the mean (lower and upper bounds).

These computations were applied to each subgroup to assess both intragroup and intergroup variation in cranial dimensions.

**Results of the study and their discussion.** In this study, among the 200 skulls without signs of artificial cranial deformation from the department's collection, 20 (10.0 %) belonged to individuals in the youth age category, 68 (34.0 %) to the first adulthood group, 72 (36.0 %) to the second adulthood group, and 40 (20.0 %) to the old age group. Of the 54 artificially deformed skulls included in the analysis, 2

(3.7 %) belonged to the youth group, 20 (37.0 %) to the first adulthood group, 25 (46.3 %) to the second adulthood group, and 7 (13.0 %) to the old age group.

Regarding sex distribution, 86 of the 200 non-deformed skulls were male (43.0 %) and 114 were female (57.0 %). Among the 54 deformed skulls, 22 (40.7 %) were male and 32 (59.3 %) were female.

Frontal chord (n–b) measurements revealed that, in the youth subgroup without cranial deformation (n=20), the mean value was  $109.1 \pm 1.9$  mm, with a minimum of 92.21 mm and a maximum of 122.21 mm. In contrast, the youth subgroup with artificial deformation (n=2) showed a mean n–b length of  $110.5 \pm 5.5$  mm, with individual values of 105.0 mm and 116.0 mm. The 95% confidence interval (CI) for the non-deformed subgroup ranged from 105.2 mm to 113.1 mm. Although the calculated CI for the deformed subgroup extended from 40.6 mm to 180.4 mm, this result lacks statistical reliability due to the very small sample size.

In the first adulthood group, the frontal chord in non-deformed skulls (n=68) ranged from 93.21 mm to 121.21 mm, with a mean of  $109.0 \pm 0.7$  mm. The 95 % CI for this subgroup was between 107.2 mm and 110.4 mm. In the corresponding deformed subgroup (n=20), measurements ranged from 101.0 mm to 121.0 mm, with a mean of  $112.0 \pm 1.2$  mm. The 95 % CI for this group was calculated as 109.5 mm to 114.5 mm.

In the second adulthood age interval, among skulls without signs of artificial deformation (n=72), the minimum, maximum, and mean values for the frontal chord (n–b) were recorded as 91.46 mm, 123.39 mm, and  $108.6 \pm 1.0$  mm, respectively. In the corresponding subgroup of artificially deformed skulls (n=25), the values ranged from 103.0 mm to 123.0 mm, with a mean of  $112.3 \pm 1.1$  mm. The 95 % confidence interval (CI) for the non-deformed subgroup extended from 106.7 mm to 110.6 mm, while for the deformed subgroup, the CI ranged from 110.0 mm to 114.7 mm.

In the elderly age interval, the frontal chord (n–b) measurements in skulls without deformation (n=40) showed a minimum of 94.90 mm, a maximum of 120.60 mm, and a mean of  $109.6 \pm 1.0$  mm. The corresponding 95 % CI ranged from 107.6 mm to 111.6 mm. Among skulls with artificial deformation in the same age category (n=7), the minimum, maximum, and mean values were calculated as 105.0 mm, 121.0 mm, and  $111.9 \pm 2.2$  mm, respectively. The 95 % CI for this group extended from 106.4 mm to 117.3 mm.

When analyzing all skulls without artificial deformation across all age intervals combined (n=200), the frontal chord (n–b) ranged from 91.46 mm to 123.39 mm, with a mean of  $109.0 \pm 0.5$  mm. In contrast, in the group of skulls with artificial deformation across all age intervals (n=54), the minimum and maximum values were 101.0 mm and 123.0 mm, respectively, with a mean of  $112.1 \pm 0.7$  mm. The 95 % CI for the non-deformed group ranged from 108.0 mm to 110.0 mm, while the CI for the deformed group ranged from 110.6 mm to 113.6 mm (Table 1).

Table 1

**Frontal chord (n–b) measurement results in skulls without artificial deformation and skulls with artificial deformation**

Cephalometric parameter	Age periods	N	Mean	Std. Deviation	Std. Error	95 % Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
Frontal chord (n–b) (skulls without artificial deformation)	Youth	20	109.1	8.5	1.9	105.2	113.1	92.21	122.21
	I adulthood	68	109.0	5.9	0.7	107.2	110.4	93.21	121.21
	II adulthood	72	108.6	8.2	1.0	106.7	110.6	91.46	123.39
	Elderly	40	109.6	6.2	1.0	107.6	111.6	94.90	120.60
	Total	200	109.0	7.1	0.5	108.0	110.0	91.46	123.39
Frontal chord (n–b) (skulls with artificial deformation)	Youth	2	110.5	7.8	5.5	40.6	180.4	105	116
	I adulthood	20	112.0	5.4	1.2	109.5	114.5	101	121
	II adulthood	25	112.3	5.7	1.1	110.0	114.7	103	123
	Elderly	7	111.9	5.9	2.2	106.4	117.3	105	121
	Total	54	112.1	5.5	0.7	110.6	113.6	101	123

In the phase of the study where Parietal chord (b–l) measurements were assessed in skulls with and without artificial deformation, the subgroup of non-deformed skulls within the “youth” age interval (n=20) showed a minimum value of 98.71 mm, a maximum of 121.0 mm, and a mean of  $108.5 \pm 1.3$  mm. The 95 % confidence interval (CI) for the mean in this subgroup ranged from 105.7 mm to 111.3 mm. In contrast, in the subgroup consisting of two skulls from the same age category with signs of artificial deformation (n=2), the minimum, maximum, and mean Parietal chord (b–l) measurements were 112 mm, 115 mm, and  $113.5 \pm 1.5$  mm, respectively. The 95 % CI for this group extended from 94.4 mm to 132.6 mm; however, this wide interval reflects the small sample size and should be interpreted with caution.

In the “first adulthood” age group, cephalometric analysis of non-deformed skulls (n=68) revealed a minimum Parietal chord (b-l) of 94.40 mm, a maximum of 129.66 mm, and a mean of  $107.8 \pm 0.8$  mm. In the corresponding subgroup of skulls with artificial deformation (n=20), the measurements ranged from 91.0 mm to 146.0 mm, with a mean of  $111.1 \pm 2.5$  mm. The 95 % CI for the non-deformed subgroup was calculated to be between 106.3 mm and 109.3 mm. For the deformed subgroup, the 95% CI ranged from 105.9 mm to 116.3 mm.

In the subgroup of skulls from the “second adulthood” age interval without signs of artificial deformation (n=72), cephalometric measurements revealed that the minimum, maximum, and mean values of the Parietal chord (b-l) were 97.72 mm, 133.48 mm, and  $108.2 \pm 0.8$  mm, respectively. In comparison, the corresponding subgroup with artificial cranial deformation (n=25) exhibited minimum, maximum, and mean values of 94.0 mm, 123.0 mm, and  $110.1 \pm 1.5$  mm, respectively. It is noteworthy that the 95 % confidence interval (CI) for the mean in the non-deformed subgroup ranged from 106.5 mm to 109.9 mm, while in the deformed subgroup, the CI extended from 107.0 mm to 113.2 mm.

In the “elderly” age interval, cephalometric assessment of skulls without artificial deformation (n=40) revealed Parietal chord (b-l) values ranging from 96.16 mm to 127.96 mm, with a mean of  $107.6 \pm 1.1$  mm. In the subgroup of deformed skulls from the same age category (n=7), the minimum, maximum, and mean values were 105.0 mm, 126.0 mm, and  $112.8 \pm 2.6$  mm, respectively. The 95 % CI for the mean in the non-deformed elderly subgroup was calculated to be between 105.5 mm and 109.8 mm. For the deformed subgroup in this age range, the CI was broader, ranging from 106.4 mm to 119.2 mm (Table 2).

Table 2

**Parietal chord (b-l) measurements in skulls without artificial deformation and with artificial deformation**

Cephalometric parameter	Age periods	N	Mean	Std. Deviation	Std. Error	95 % Confidence Interval for Mean		Minimum	Maximum
						Lower Bound	Upper Bound		
Parietal chord (b-l) (skulls without artificial deformation)	Youth	20	108.5	5.9	1.3	105.7	111.3	98.71	121.0
	I adulthood	68	107.8	6.4	0.8	106.3	109.3	94.40	129.66
	II adulthood	72	108.2	7.2	0.8	106.5	109.9	97.72	133.48
	Elderly	40	107.6	6.7	1.1	105.5	109.8	96.16	127.96
	Total	200	108.0	6.7	0.5	107.1	108.9	94.40	133.48
Parietal chord (b-l) (skulls with artificial deformation)	Youth	2	113.5	2.1	1.5	94.4	132.6	112	115
	I adulthood	20	111.1	11.1	2.5	105.9	116.3	91	146
	II adulthood	25	110.1	7.5	1.5	107.0	113.2	94	123
	Elderly	7	112.8	6.9	2.6	106.4	119.2	105	126
	Total	54	110.9	8.7	1.2	108.6	113.3	91	146

In the final phase of the study, when all subgroups of skulls without artificial deformation across the “youth,” “first adulthood,” “second adulthood,” and “elderly” age intervals were combined (n=200), the minimum, maximum, and mean values for the parietal chord (b-l) were recorded as 94.40 mm, 133.48 mm, and  $108.0 \pm 0.5$  mm, respectively. When the corresponding subgroups of skulls with artificial deformation across the same age intervals were considered collectively (n=54), the minimum, maximum, and mean values were 91.0 mm, 146.0 mm, and  $110.9 \pm 1.2$  mm, respectively. Based on these combined measurements, the 95% confidence interval for the mean Parietal chord in non-deformed skulls ranged from 107.1 mm to 108.9 mm, whereas for deformed skulls, the CI was calculated as 108.6 mm to 113.3 mm.

Currently, many new methods have been proposed to improve cephalometric measurements [4, 8, 12].

Thus, Dolci C, et al (2023) in their study presented a new cephalometric analysis aimed at simplifying biomechanical modeling by identifying the complex relationship between craniofacial morphology, size and inclination of the masseter muscle taking into account its parameters. the authors used a different method from ours and studied other parameters (the line of action drawn between the Gonion and Orbital points relative to dental and skeletal landmarks (occlusal and Frankfurt planes)). It was found that age affects the angles between key reference points, while the skeletal-cutaneous class does not show age- or gender-specific trends. However, these results do not have features in common with our study, since the authors' goals did not coincide with our work and, thus, they did not evaluate artificially deformed skulls [6].

Chae R, et al (2020) measured 14 anatomical characteristics of the right temporal bone from 10 dry skulls. Each skull was 3D scanned using structured light scanning to create virtual models, which were measured using mesh processing software. Measurements from each virtual and 3D printed model were compared with measurements of the temporal bone. Significant differences between physical skulls and virtual models were observed for 11 of the 14 parameters, with the largest mean difference in petrous ridge length (2.85 mm) and the smallest difference in stylomastoid foramen diameter (0.67 mm). The authors concluded that 3D technologies can facilitate the creation of individualized and highly accurate reconstructions of cranial structures, which may be useful for anatomy teaching, clinical training, and preoperative planning [4].

Torres-Rouff C. (2020) noted that because the practice of head shaping is classified as a pathological condition in synthetics and is potentially confounded with other head shape changes, it is interesting to note that research into the health effects of the practice itself is few and far between, particularly in the last twenty years. Morphological studies have also noted changes in cranial shape that may have health consequences. For example, changes in the shape and symmetry of the eye sockets, the presence of adrenal pits, and even severe plagiocephaly resulting from uneven pressure on the bones may have associated health effects that have not been clearly documented in the skeletal remains [13]. The differences we found, which persist into old age and indicate the long-term impact of early cranial correction techniques, are consistent with the author's view that cephalometric data are important for assessing future outcomes in cranial deformities.

### Conclusions

1. Across all age intervals, skulls with artificial deformation showed consistently higher average values for both cephalometric parameters (in the second adulthood group, the mean frontal chord in deformed skulls was 112.3 mm versus 108.6 mm in non-deformed skulls). Similarly, the mean parietal chord in deformed skulls was 110.1 mm compared to 108.2 mm in the non-deformed group.

2. This trend was evident across all age categories, with particularly strong differences observed in the elderly group. However, some confidence intervals for small samples, such as in deformed youth skulls, were too wide to be statistically reliable.

Artificial cranial deformation results in measurable increases in both frontal and parietal chord lengths across the lifespan. These differences persist into old age and highlight the long-term impact of early cranial shaping practices. Cephalometric analysis of age-specific cranial measurements provides valuable insight into the morphological consequences of artificial deformation.

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